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The webinar will begin shortly.

Overview of Webinar Format



- Polling Questions
- Questions for Presenters
- Webinar Evaluations
- FDC Blog

Questions & Discussion



Please type and send your questions through the *Question and Answer* box located on the bottom half on your panel/dashboard.

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This project is supported by Award No. 2009-DC-BX-K069 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs

National Family Drug Court Technical Assistance and Training Program

Peer Learning Court Program: Highlighting Effective Practice in FDCs

June 19, 2013

Presenters:

Phil Breitenbucher, MSW Chris Swenson-Smith, MSW Jean Cottier, MEd





Welcome to the FDC Learning Academy 2013!

To date:

5 Learning
Communities

25 Webinar presentations

Over **1800** total attendees

45 States



✓ March 13

Responding to Domestic Violence in FDC

TBA

Passing the Judicial Baton – Why Judicial

Succession Planning Matters in FDC

 $\sqrt{|}$

May 8

Reaching the Tipping Point – FDCs as a National

Child Welfare Reform Strategy



FDC Peer Learning Courts - Highlighting

Effective FDC Practices

August 14

So Who Are You Really Serving? The Challenge

of Serving Special Populations in FDCs

September 11 Raising the Bar in FDCs – A Look at FDC Guidelines

FDC Learning Academy

Planning Community

Mission and Underlying Values

Principles of Collaborative Practice

Screening & Assessment

Engagement & Retention

Information Sharing & Data Systems Early Implementation Community

Services to Children

Trauma-Informed Services

Responses to Behavior

Critical Issues: A Panel Discussion

Joint / Shared Outcomes Enhanced Community

Engaging Defense Attorneys

Engaging Fathers in FDC

Marketing to Stakeholders

Budget & Sustainability

Moving Towards System-Wide Change Advanced Practice Community

Use of Jail as a Sanction

Evidence-Base Parenting

Traumainformed FDC

Judicial Leadership and Ethics

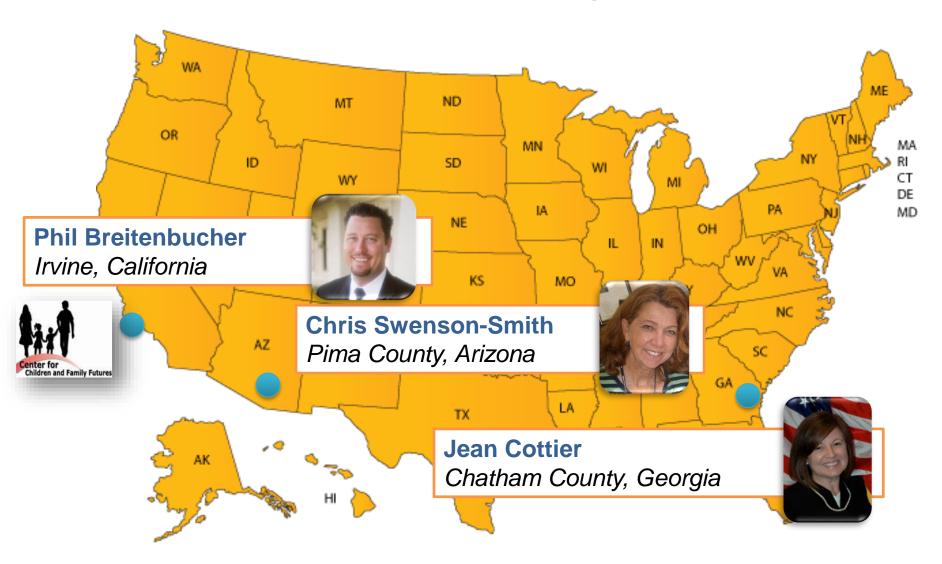
Child Wellbeing and Services to Children

Effective Drug Treatment

FDC Models: Parallel vs. Integrated

> Sustainability

Today's Presenters





Peer Learning Court Program - Overview

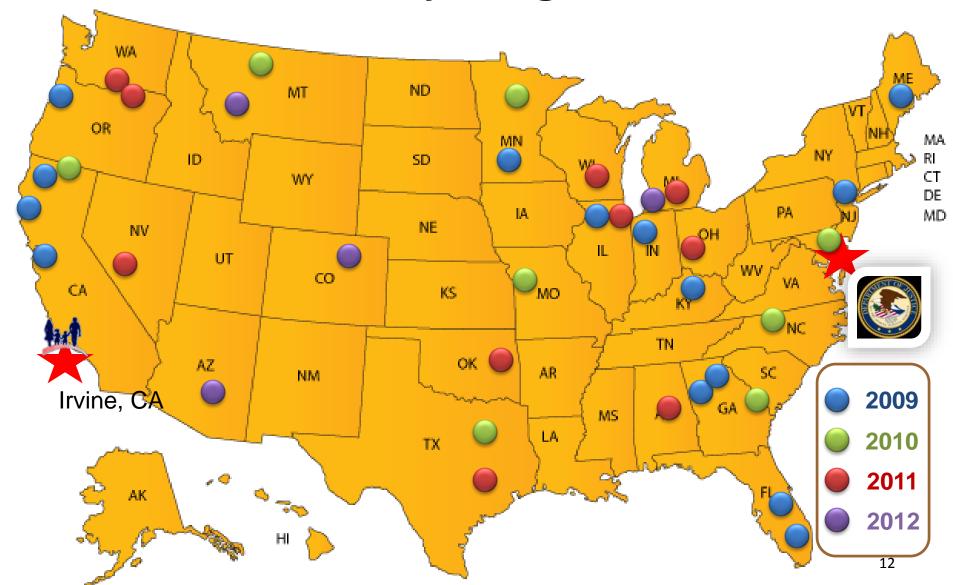
Phil Breitenbucher, MSW

FDC TTA Program Mission



To improve outcomes for children and families by providing training and technical assistance (TTA) that develops, maintains, and enhances Family Drug Courts (FDCs)

OJJDP Family Drug Court Awardees



Goals of the Program

- To assess and address the national TTA needs of FDCs
- To develop, implement and enhance TTA materials and activities
- To build FDC capacity
- To enhance the knowledge and skills of FDC professionals



FDC TA Snapshot

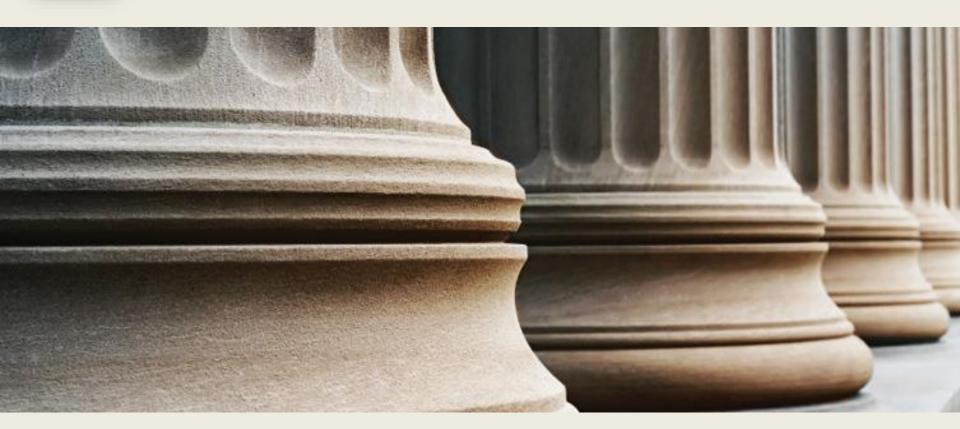
705 FDC TA requests
139 FDCs

39 States

- Engagement and retention
- Responses to behavior
- Implementing training plans and curricula
- Screening & assessment
- Sustainability planning and cost analysis
- Family treatment models
- Performance measures and indicators
- Gender responsive treatment
- Data sharing and collaboration



Peer Learning Court Program OJDP



- Highlight national best practice models for FDC
- Exchange learning through peer-to-peer technical assistance
- Five (5) mentorship sites across the nation

PEER LEARNING COURT SELECTION PROCESS

- Application Review 14 applications received
- Onsite Review 8 site visits
- Selection of Sites 5 sites selected



Family Drug Court Peer Learning Court Program



Baltimore City Circuit Court,
Juvenile Division
Maryland

Judge: Robert B. Kershaw

Hillsdale County
Family Drug Court
Michigan

Judge: Michelle Bianchi

Pima County Juvenile Court
Arizona

Judge: Susan A. Kettlewell

Chatham County Juvenile Court, Family Dependency Treatment Court Georgia

Judge: Patricia P. Stone

Jackson County Family Drug Court

16th Judicial District

Missouri

Commissioner: Molly Merrigan

FOR MORE INFORMATION OR TO SCHEDULE A SITE VISIT:

Email: PeerLearningCourts@cffutures.org

CONNECT WITH A PEER LEARNING COURT

- PLC Profiles
- Shared Resources
 - Policy and Procedures
 - Parent Handbooks
 - Training Materials
- Virtual Consultation
- On-Site Visits



For more information or to schedule a site visit, email: PeerLearningCourts@cffutures.org

I am most interested in obtaining the following about a PLC:

- 1. Shared resources
- 2. Virtual consultation
- 3. On-site visit
- 4. All of it
- 5. Not right now or Uncertain



REQUEST A SITE VISIT

Children and Family Futures	
Home About Expertise Projects Presentations Resources	Google" Custom Search
Family Drug Court Peer Learning Court Program Information Request To visit a Family Drug Court Peer Learning Court please complete this request form. Each visiting jurisdiction will be assisted in identifying the best Peer Learning Court to meet their needs. Name of Requesting Jurisdiction: *	
Primary Contact Person: Name: *	
Title:	
Agency:	
Address: *	
City: *	
State/Zip: *	
Email Address: *	

Site Visit Request Form available online http://www.cffutures.org/projects/family- drug-court-peer-learning-court-program

REQUEST A SITE VISIT

- Complete the Site Visit Request Form available online http://www.cffutures.org/projects/family-drug-court-peer-learning-court-program
- CFF will contact you and assist with assessing your need and identifying the best PLC match
- Support with scheduling, coordinating and material production will be provided



Pima County Family Drug Court

Chris Swenson-Smith, MSW

Pima County (Arizona) **Family** Drug Court



Overview

- Received SAMHSA implementation grant in response to plummeting reunification rates in Pima County
- Started as a pilot in one zip code/one C.P.S. unit
- First client in 2001
- Parallel model
- All parents are now eligible (with a few exceptions)

- Three levels:
 - Phase I: attend FDC every week for two months
 - Phase II: every other week for two months
 - Phase III: every month for four months



- Minimum 8 months to graduate (so parents have to enroll within 4 months of their child's removal)
- Parents must write and submit a packet requesting to phase or graduate; team must approve





Services

- Intensive case management
- Recovery Support Specialists
- Trauma-specific individual therapy
- Celebrating Families! (with transportation for children)
- Alumni Group
- Peer Mentors

Substance Abuse Treatment

- Arizona Families First
- Community Partnership of Southern Arizona (CPSA)
 - Codac
 - Cope
 - La Frontera
 - Marana Health Center

Family Drug Court is every Wednesday

- 8:45 a.m. Multi-disciplinary staffing
 - Discuss all clients who will appear that week in any of the 3 sessions: Compliant or non-compliant, reward or sanction, phasing or graduation packet

Participants:

- Judge
- Program staff
- Trauma therapist
- CPS management
- CPSA court liaison



Three Sessions every Wednesday 10:30 am - Mothers



2:00 pm - Mothers again



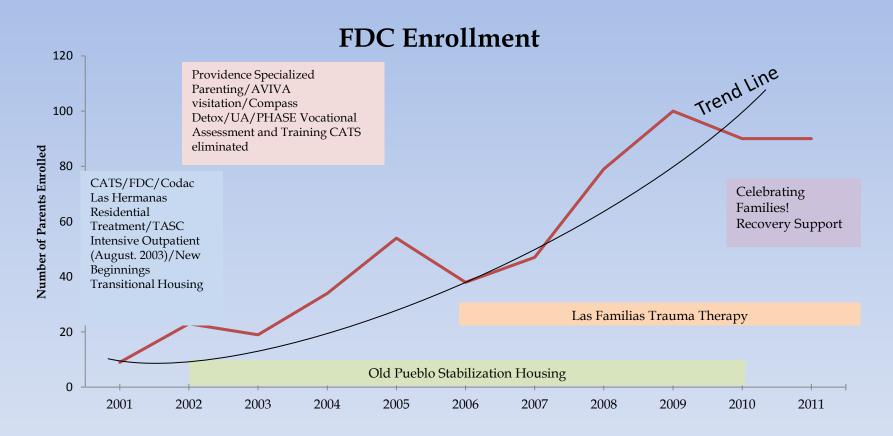
3:30 pm - Fathers



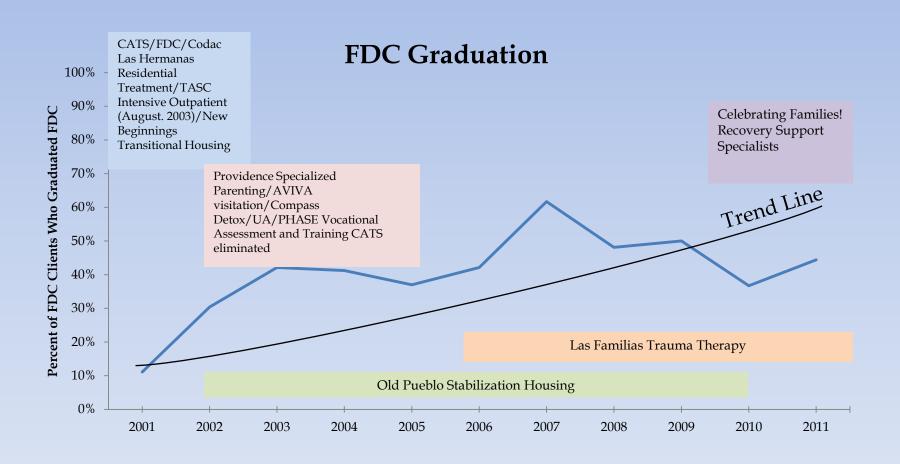
Everything I know I learned from our Recovery Resource Specialist.



FDC Enrollment and Innovative Strategies Timeline

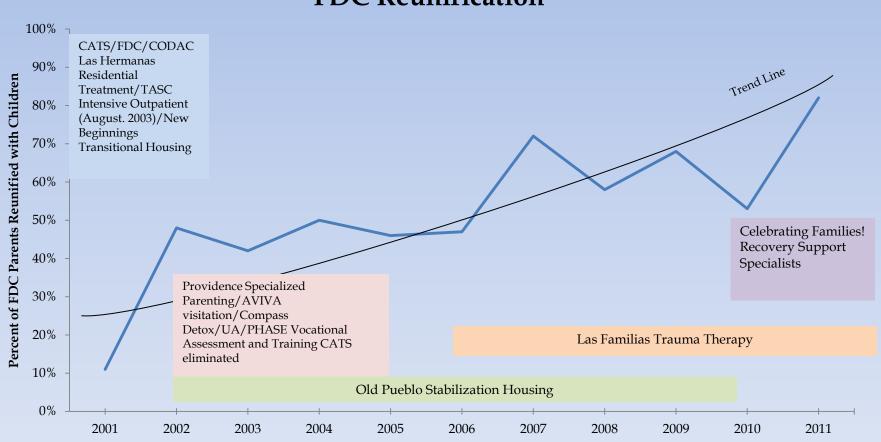


FDC Enrollment and Innovative Strategies Timeline



FDC Enrollment and Innovative Strategies Timeline

FDC Reunification



The Recovery Support Specialist

Essential Functions:

- Assist FDC Case Specialist in monitoring FDC participants
- Participate in staffings
- Support and advocate for client at hearings:
 - Criminal court
 - City Courts
 - Homeless Court
 - Mental health Court
 - Foster Care Review Board



Essential Functions (cont.)

- Conduct new client intakes
- Input client data and contact notes into database
- Monitor treatment verification forms and authenticate
- See clients once per week
- Find clients who have fallen off the radar
- Help clients develop and finish Recovery Plans
- Help with transportation

RSS

- Intakes (substance abuse hx)
- Recovery plans
- Concrete services

 (housing, clothing, job assistance, food boxes)
- Legal issues (warrants, Homeless Court, etc.)
- Assist in developing outside support (including taking them to meetings for the 1st time)
- Help deal w/ cravings and relapses

CS

- Intakes (psycho-social & trauma hx)
- Referrals for trauma therapy & Celebrating Families!
- Collaborate w/ substance abuse & mental health tx
- Collaborate w/ CPS
- Attend CFTs/ARTs
- Attend FCRBs
- Attend dependency court hearings
- Updates to the FDC judge

Essential Knowledge, Skills, and Experience for the RSS

- Sustained recovery from addiction
- Empathy
- Motivational Interviewing
- Crisis intervention
- Cultural awareness and competence
- Knowledge of signs and symptoms of relapse
- Multiple community contacts



Training

Recovery Support Specialist Institute:
Collaborative Effort: CPSA & University of Arizona
Family & Community Medicine:
http://www.fcm.arizona.edu/workforce-

Ongoing training:

development-program

- Trauma
- Motivational Interviewing
- Drug and alcohol screening
- What's new? (bath salts, K2, synthetics, spice)
- Mental illness

Sharing the Recovery Story

- This may require coaching and practice
- Timing is everything
- The RSS must acknowledge that there are many pathways to recovery



Boundaries

- The RSS may have crossed paths with a client in a "previous life"
- The RSS may spend a lot of time with one client who is in crisis.....this can strengthen the relationship or lead to boundary issues
- No secrets! The RSS keeps the team informed.



"Before & After"

- You must address what came BEFORE the drug and alcohol abuse
 - 97% of our parents reported childhood trauma
 - We contracted with Arizona's Children Association (Las Familias) to provide trauma-specific individual therapy

Receive and Give

You must help each parent prepare for life *AFTER* Family Drug Court.

Pima County FDC has built in opportunities for graduates to both receive and give peer support.



- Alumni Groups
- Alumni Coordinator
- Peer Mentors
- Recovery Support Specialists
- We even have a graduate doing her BSW field placement with us!
- Coming soon: A Recovery Support Specialist Lead
 - And Peer Group Leaders for Celebrating Families!



CONGRATULATIONS!!

Now that you are about to graduate from Family Drug Court, are you wondering where you'll find the same level of support and fellowship? We have great news!

There's a group for that!

The FDC Alumni Group is for parents/families who have completed the Family Drug Court Program. The group meets from 10am-12noon on the first Saturday of every month. On the third Saturday of the month, there is a fun family event, however you MUST attend the meeting on the first Saturday of the month to find out when and where the event will occur.

You MUST attend one meeting prior to your graduation.

Meeting are held at AVIVA 153 S Plumer Ave, near Campbell & Broadway.

Contact the Alumni Coordinator, Edward at 520-272-2980 with any questions.

TABLE 3. EVIDENCE SUGGESTS THAT PEER SUPPORT & COACHING . . .

- Reduces the number of admissions and days spent in hospitals and increased time in the community
- Reduces use of acute services (e.g., emergency rooms, detoxification centers)
- Increases engagement in outpatient treatment
- Increases active involvement in care planning and self-care
- Improves social functioning
- Increased hope, quality of life, and satisfaction with life
- Reduces substance use
- Reduces depression and demoralization
- Improves chances for long-term recovery
- Increases rates of family reunification
- Reduces average service costs per person

Contact Information



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Tucson, Arizona 85713

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chris.swenson-smith@pcjcc.pima.gov

Does your FDC
program utilize a
Recovery Support
Specialist or
specialized staff to
provide peer support to
FDC participants?

- 1. Yes
- 2. No
- 3. Uncertain
- 4. I would like more information or TA for our FDC





Chatham County Family Dependency Treatment Court

Jean Cottier, M.Ed, Chatham County, Georgia

Community Partnerships



How important are partnerships in the community for your Family Drug Court?



Chatham County, Georgia

- Population: 276,434
- Diversity: 55% Caucasian; 40% African American; 5.7% Latino; and 2.5% Asian
- Area: 426 square miles which includes urban, suburban, and rural settings

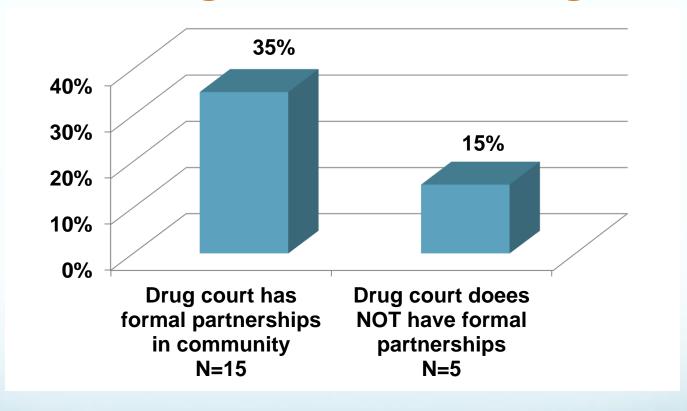
Chatham County Family Dependency Treatment Court (FDTC)

- Judge: Patricia P. Stone
- Started in 2008



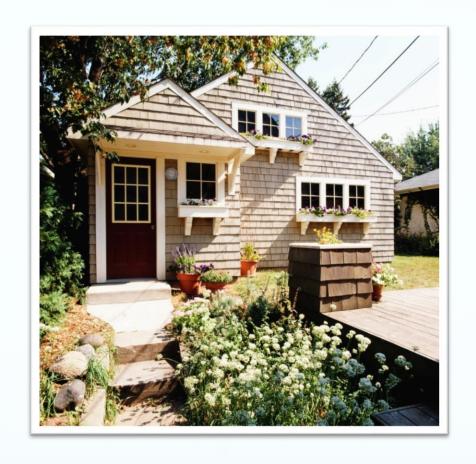
 Mission: Achieve safe and permanent families for children by addressing the deprivation resulting from substance abuse of a parent or caregiver.

Drug Courts that had formal partnerships with community organizations had 133% greater cost savings



Note: Difference is significant as a trend at p<.15

Source: NPC Research



Community Resource Development and Community Partnerships

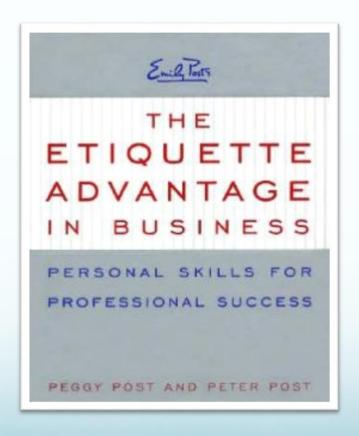
Lay The Foundation



- Plan
- Staff
- Blueprint

- Fund
- Train and cross-train

Power Tool #1 Business Etiquette



Framing



- Identify needs
- Identify resources

Framing



Training

Power Tool #2

Oversight and Steering Committees



Oversight Committee

The FDTC Oversight Committee meets quarterly and consists of the FDTC Judge, the director or designee of DFCS, the director or designee of CASA, and the FDTC Coordinator, an alumni representative, and a community representative. The purpose of the committee is to discuss the state-of-the state of the FDTC, obtain a better understanding of the partner agencies, increase communication, and provide community education. Guest will be invited to attend Oversight Committee meetings as needed.

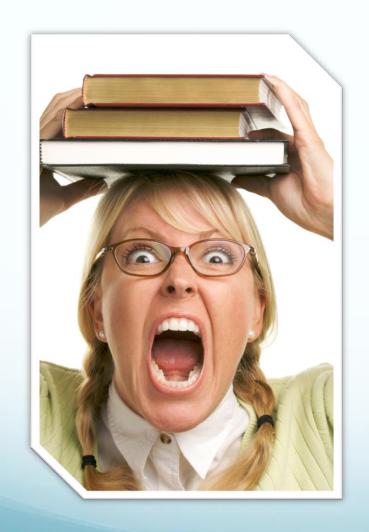
Steering Committee

The FDTC Steering Committee meets a minimum of once a year (at retreat or statewide training) and consists of the FDTC Judge, the FDTC Coordinator, the DFCS director, the SAAG, the parent attorney, and the CASA director or designee. The purpose of this committee is to make policy changes and confirm annual goals set by the team.

Power Tool # 3 Volunteers and Interns



This vs. This





Forms for Volunteers and Interns

Volunteer/Intern Forms

- Hold Harmless Indemnification Agreement
- Chatham County Daily Activity Report (Time Sheet)
- Volunteer Intern Application
- Confidentiality Code
- Georgia Crime Information Center Awareness Statement
- CHRI Release/Waiver (Background check)

Screening



- Maturity
- Availability
- Motivation
- Utilization

Training

- Local policies
- Essential elements of Drug Courts
- CFF website
- Drug testing
- Boundaries

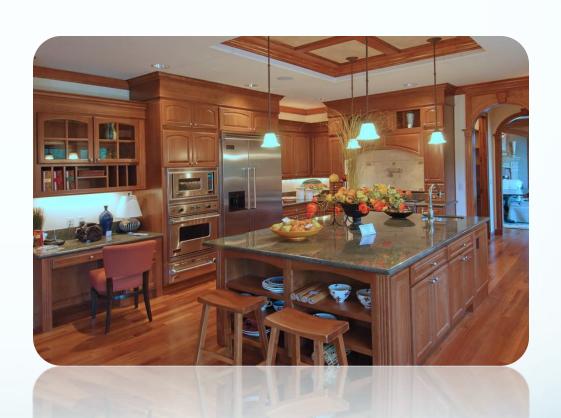


PROFESSIONAL RESPONSIBILITY - A CONTRAST IN STYLES When the Counselor Feels Responsible to others The Counselor When the Counselor Feels Shows Empathy Responsible for Others Encourage The Counselor Shares Confronts Is a sensitive listener The Counselor Feels Protects Rescues . Assumes the client's feelings Relaxed oure or anuny Responsible for own feelings, not those of Does not listen Free Sure of ability The Counselor Feels The Counselor is Concerned With Tired Anxious Relating to the individual Tearful Liable Feelings The Counselor is Concerned With The individual The Counselor Views Him/ Herself as The solution Answers Circumstances The Counselor Expects The client to be responsible for self and her/ Being right Details The Counselor Expects The Counselor Views Him/ Herself as Performance his own actions A manipulator The Counselor Expects Others to live up to her/ his standards and The Counselor Trusts and lets go Based on information from Vondracek and Corneal, 1995 and Van Dusen, 1980 expectations The Counselor Holds on Controls Holcher, Anne S. Style in Counceling: Applied Counselin Monard: As Sights Reserved: 1/4/95

Professional Responsibility

Finishing

- Graduations
- Exit interviews
- Outcome evaluations



Power Tool # 4 Thank You Notes



Putting Your House on the "Market"

- Brochures
- Press Releases
- Programs
- End of the Year Reports
- Newsletters
- Web pages



Power Tool #5 Research



BJA Clearinghouse Costs Associated With the Birth of Drug Exposed Infants



To downoload, please visit:

http://www1.spa.american.edu/justice/documents/1995.pdf

Resources for FDTCS

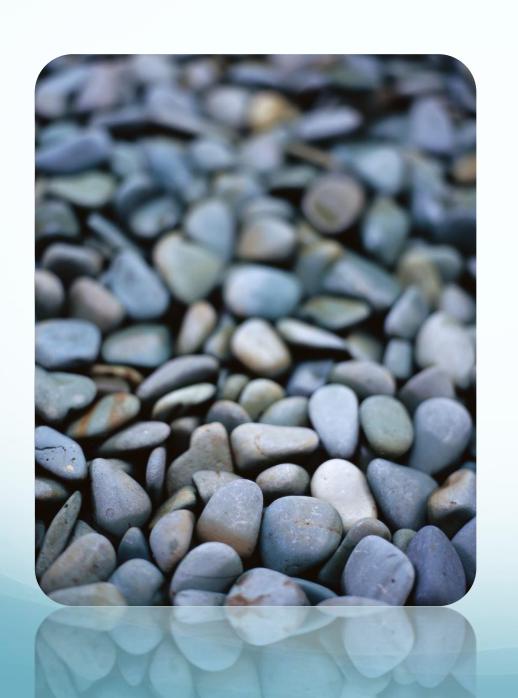
- http://www.cffutures.org/
- http://www.ndci.org/
- http://www.nadcp.org/nadcp-home/
- http://www.ndcrc.org/
- http://www.npcresearch.com/

Marketing
=
Partners
=
\$ustainability



Power Tool # 6 Share the Glory!





Sometimes the path is

ROCKY



Everyone can not be on your team, but everyone can be a partner or contribute in some way.



Form



Storm



Norm



Perform



The best partnerships are mutually beneficial and where all parties can clearly articulate what they get out of the relationship.



How do you know when you get it right?

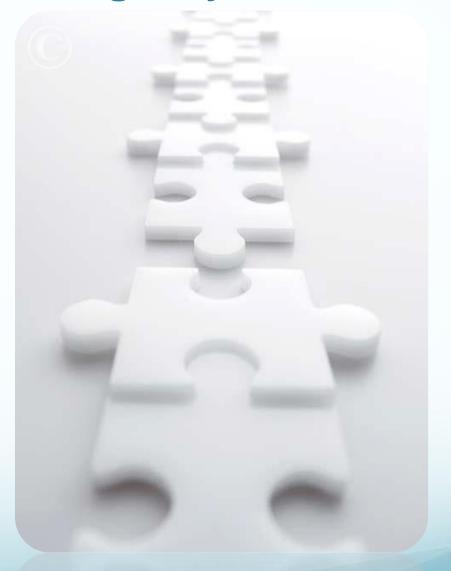
Unsolicited Donations

- Fitness club memberships
- Cribs
- Furniture
- Clothes
- Funds
- Space
- Family meals



Agency Involvement

- Universities
- Housing
- Domestic Violence
- Citizen Review Panel
- Sheriff's Office
- DFCS
- Churches
- Individuals



Contact Information



Jean N. Cottier **Deputy Court Administrator** Superior Court, Eastern Judicial Circuit **Drug Court Coordinator** Savannah-Chatham County Drug Court Interim FDTC Coordinator 133 Montgomery Street, Room 616 Savannah, GA 31401 (912) 652-7128 - phone (912) 652-7130 - fax jcottier@chathamcounty.org



Next Steps and Resources

Phil Breitenbucher, MSW



To download, please visit:

http://www.cffutures.org/files/publications/FDC-Guidelines.pdf



March 13 Responding to Domestic Violence in FDC

TBA Passing the Judicial Baton – Why Judicial

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Register Today!

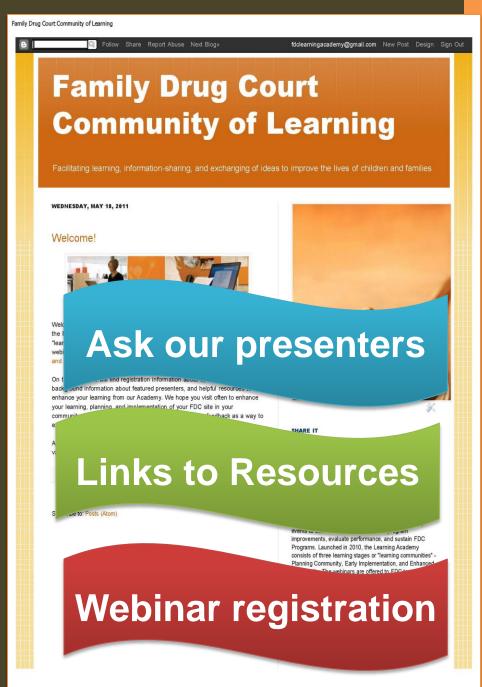
So Who Are You Really Serving? – The Challenge of Serving Special Populations in FDCs



REGISTER NOW

August 14, 2013 @ 11 am - 1 pm (Pacific Time)

https://www1.gotomeeting.com/register/657868056

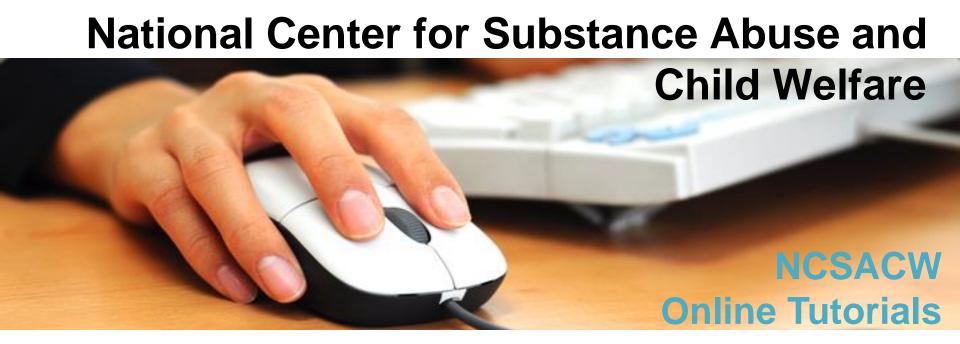


Visit the FDC Learning Academy Blog



- Webinar updates
- Presenter info
- Learning resources
- Post a follow-up question

www.familydrugcourts.blogspot.com



- Understanding Substance Abuse and Facilitating Recovery: A Guide for Child Welfare Workers
- 2. Understanding Child Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals
- 3. Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Legal Professionals

Please visit: http://www.ncsacw.samhsa.gov/

National Center on Substance **Abuse and Child Welfare**

Resources

Conference presentations

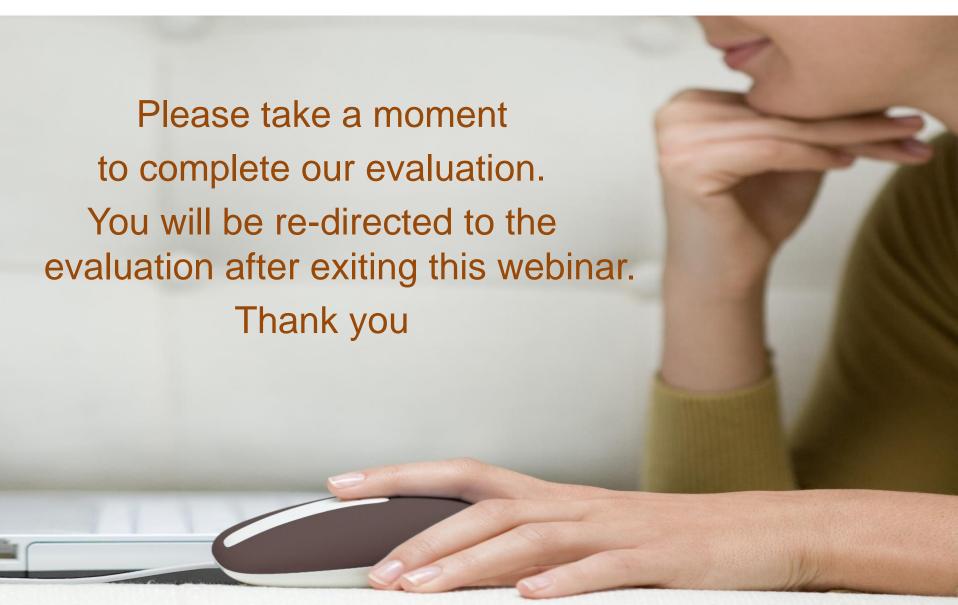
- Workshop trainings
- Online tutorials
- Toolkits
- Publications
- Video

Please visit:

www.ncsacw.samhsa.gov/



Webinar Evaluation



Contact Information





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Visit our website!

Join us again!

RESOURCES

Please visit:

http://www.cffutures.org/projects/ family-drug-courts

GENERAL INQUIRES fdc@cffutures.org

VISIT www.cffutures.org

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