

*Do you work with parents struggling with drug and alcohol abuse, addiction, or mental health challenges?*



*Do you seek to protect and support children, while helping parents move towards health and recovery?*



*Do you want more resources, training and information about how to help families in recovery?*



**If so, we hope you will join our ever-growing network:  
the Family Recovery Council of  
Hampden County!**

## Members:

Family Recovery Council of Hampden County  
members represent various agencies and  
individuals committed to family recovery.

Members include:

**Department of Children and Families (DCF)**

**Department of Public Health:**

**Bureau of Substance Abuse Services (BSAS)**

**Substance Abuse Treatment Providers**

**Early Intervention**

**Corrections**

**School Systems**

**Legal System**

**Community-Based Programs**

**Mental Health Treatment Providers**

**Faith-Based Programs**

**Parents/Caregivers in Recovery**



## Contact:

**Jordana Willers, Coordinator**

**Family Recovery Project**

**Institute for Health & Recovery**

**Western MA Satellite Office**

**225 High Street, Suite 502**

**Holyoke, MA 01040**

**Email: [jordanawillers@healthrecovery.org](mailto:jordanawillers@healthrecovery.org)**

**Phone: (413) 313-4630**



**Family Recovery Council  
of Hampden County**

# Family Recovery Council of Hampden County



**Working Together  
to Support  
Families in  
Recovery from  
Substance Abuse  
and Addiction**

*Join Us!*

## Our Mission:



The Family Recovery Council of Hampden County aims to support families in Hampden County who are involved with the Department of Children and Families (DCF) and have a parent or legal guardian struggling with substance abuse and co-occurring mental health challenges.

### FRCHC's mission:

- To remove barriers to treatment services for families struggling with substance abuse and co-occurring mental health disorders; and
- To improve communication and collaboration across systems, in order to provide high-quality care and coordination of support for families in recovery.

We believe that if agencies work together at a cross-systems level, vulnerable families will be able to access the services they need quickly and smoothly. Better coordination of care for families will also promote engagement and retention in services, thus creating better outcomes for families.

## Our Vision:

For every family to have access to the services and supports needed to promote full recovery.

## Our Committees:

FRCHC meets every few months to share information and resources; build working relationships; and establish best practices for collaboration. Much of the important work needed to implement cross-systems change also takes place in our committees, which typically meet on a monthly basis.

**FRCHC's Communication Committee** aims to develop best practices for smooth collaboration between DCF, substance abuse and mental health treatment providers, and Early Intervention. Best practices for communication and collaboration are in development for the referral process, signing of consent forms, assessment, treatment, and family engagement (in areas such as safety planning, preparing for relapse, and clarifying expectations for being "on the same page").

**FRCHC's Cross-Training Committee** plans multiple trainings each year, such as:

- Annual cross-systems' conference;
- Trainings for DCF workers on addiction treatment and working with providers;
- Trainings for treatment providers on working with DCF, as well as parenting and family issues;
- Cross-systems training on Medication-Assisted Treatment and parenting.

**FRCHC's Public Relations Committee** aims to spread the word about family recovery and the work of the Council. Current projects include a brochure for parents (offering support and resources) and an informative and engaging website, with much more to come.

## Collaboration Principles:

- No one organization or system can address all of the substance use problems facing families and communities.
- Ensuring child safety and family health requires collaboration and partnership among families, professionals, agencies, organizations, and communities.
- Every parent who has an addiction should have the opportunity to recover.
- Every child has the right to be free of abuse and neglect.
- Safety and permanency are the birthright of every child.
- Services should be family-focused, trauma-informed, needs-driven, and utilizing best practices.



## Please Join Us!

Learn who's involved, and how you can get involved too.

*See back of brochure* ➡